

# PSCY507 Introduction to psychology

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# Introduction to psychology

#### **Instructor Contact Details**

Lecturer-in-charge: TBA

Email: wlwyxy 29@zju.edu.cn

Office location: Huajiachi Campus, Zhejiang University

Consultation Times: to be announced, and by appointment

# **Teaching Times and Locations**

The Time and Location: TBA, Huajiachi Campus, Zhejiang University

Lecture sessions include lectures, seminars, field trip(s) as well as in-class activities.

## **Academic Level**

Undergraduate

# **Units of Credit**

The course is worth 6 units of credit

# **Contact Hours**

The course contains a total of 53 contact hours, which consists of an orientation meeting, 13 lecturing seminars, a revision day, a field trip and a final exam. Each seminar is 180 minutes in length, while the field trip is 300 minutes and the final exam costs 120 minutes. Students will receive an official transcript which is issued by Zhejiang University when completing this course.

## **Credit Hours**

The number of credit hours of this course equals to the credits of a standard semesterlong Australian university course.

#### **Course Description:**

This course is an introductory course to psychology which aims to provide students with foundational knowledge on the basis of human behaviour, emotions and personality. The historical foundations of studying human behaviour is explored in this topic and are compared with the contemporary theories. Some key topics covered include the social influences on behaviour, personality theories and the physiological bases of human behaviour including the types of motivations driving certain actions. These theories and concepts are drawn from psychology and substantiated by science. Students also learn the different methods used for physiological inquiries and how they are applied in practical scenarios.

#### **Prerequisite:**

N/A

#### **Learning Resources**

James W Kalat, Introduction to Psychology 9e. Cengage Learning

Handouts and materials will be given to the students during the class.

# **Learning Objectives**

By the end of this course you should be able to:

Define psychology and describe the basis of human behaviour, emotions and personality Discuss the historical approaches to psychological and compare and contrast this to modern theories.

Understand the scientific approaches to the study of human psychology and the principles of research.

Describe the ethical concerns relating to the field of psychology

Analyse the different methods used for psychological inquiries and how they are applied in practical scenarios.

Apply key concepts and theories to different scenarios in developing problem-solving skills.

## **Course Delivery:**

The following course will be taught in English and it will comprise of lectures, tutorials, projects, presentations and group activities. In addition to these, there will also be guest speakers and optional field trips available for students who would like to enhance their learning experience. The course will be delivered within 13 sessions, with each session totaling 3 hours-inclusive of both the lecture and tutorial. These sessions will be running during weekdays, Monday to Friday. Students are expected to engage in class discussions and work cooperatively during group work.

# **Topics and Course Schedule:**

Topic	Activities
Orientation	
Introduction	Lecture; Tutorial
Theory analysis	Lecture; Tutorial
Sensation and perception	Lecture; Tutorial
Cognition and language	Lecture; Tutorial
Social psychology	Lecture; Tutorial
Seminar	
Motivated behaviors and communication	Lecture; Tutorial
Emotions, stress and health Part A	Lecture; Tutorial
Midterm exam	
Emotions, stress and health Part B	Lecture; Tutorial

Personality A	Lecture; Tutorial
Personality B	Lecture; Tutorial
Disorder and treatment	Lecture; Tutorial
Presentation	Lecture; Tutorial
Review Exercises	Lecture; Tutorial
Revision	
Final exam	

# **Assessments:**

Class participation	10%
Oral presentation (10 min)	20%
Critical review	20%
Quiz	15%
Final exam	35%

# **Grade Descriptors:**

HD	High Distinction	85-100
D	Distinction	75-84
Cr	Credit	65-74
Р	Pass	50-64
F	Fail	0-49

## **High Distinction 85-100**

Treatment of material evidences an advanced synthesis of ideas

Demonstration of initiative, complex understanding and analysis

Work is well-written and stylistically sophisticated, including appropriate referencing, clarity, and some creativity where appropriate

All criteria addressed to a high level

#### **Distinction 75-84**

Treatment of material evidences an advanced understanding of ideas

Demonstration of initiative, complex understanding and analysis

Work is well-written and stylistically strong

All criteria addressed strongly

#### **Credit 65-74**

Treatment of material displays a good understanding of ideas

Work is well-written and stylistically sound, with a minimum of syntactical errors

All criteria addressed clearly

#### Pass 50-64

Treatment of material indicates a satisfactory understanding of ideas Work is adequately written, with some syntactical errors Most criteria addressed adequately

#### Fail 0-49

Treatment of ideas indicates an inadequate understanding of ideas Written style inappropriate to task; major problems with expression Most criteria not clearly or adequately addressed

#### **Academic Integrity**

Students are expected to uphold the university's academic honesty principles which are an integral part of the university's core values and principles. If a student fails to observe the acceptable standards of academic honesty, they could attract penalties and even disqualification from the course in more serious circumstances. Students are responsible for knowing and observing accepted principles of research, writing and any other task which they are required to complete.

Academic dishonesty or cheating includes acts of plagiarism, misrepresentation, fabrication, failure to reference materials used properly and forgery. These may include, but are not limited to: claiming the work of others as your own, deliberately applying false and inaccurate information, copying the work of others in part or whole, allowing others in the course to copy your work in part or whole, failing to appropriately acknowledge the work of other scholars/authors through acceptable referencing standards, purchasing papers or writing papers for other students and submitting the same paper twice for the same subject.

This Academic Integrity policy applies to all students of the Zhejiang University in all programmes of study, including non-graduating students. It is to reinforce the University's commitment to maintain integrity and honesty in all academic activities of the University community.

#### **Policy**

- The foundation of good academic work is honesty. Maintaining academic integrity upholds the standards of the University.
- The responsibility for maintaining integrity in all the activities of the academic community lies with the students as well as the faculty and the University. Everyone in this community must work together to ensure that the values of truth, trust and justice are upheld.
- Academic dishonesty affects the University's reputation and devalues the degrees
  offered.
- The University will impose serious penalties on students who are found to have violated this Policy. The following penalties may be imposed:
  - Expulsion;
  - Suspension;
  - Zero mark/fail grade;
  - Marking down;
  - Re-doing/re-submitting of assignments or reports; and
  - Verbal or written warning.