



浙江大學

**PSCY907**

**Introduction to Psychology**

# **PSCY507**

## **Introduction to Psychology**

### **Instructor contact details**

Lecturer-in-charge: TBA

Email: TBA or send general enquiries to [wlyxy\\_29@zju.edu.cn](mailto:wlyxy_29@zju.edu.cn)

Office location: TBA

Consultation Times: to be announced, and by appointment

### **Teaching Times and Locations**

The Time and Location: TBA , Zhejiang University Huajiachi Campus

Lecture sessions include lectures, seminars, field trip(s) as well as in-class activities.

### **Units of Credit**

The course is worth 6 units of credit, with total of 40 teaching hours.

### **Course Description**

This course is an introductory course to psychology which aims to provide students with foundational knowledge on the basis of human behaviour, emotions and personality. The historical foundations of studying human behaviour is explored in this topic and are compared with the contemporary theories. Some key topics covered include the social influences on behaviour, personality theories and the physiological bases of human behaviour including the types of motivations driving certain actions. These theories and concepts are drawn from psychology and substantiated by science. Students also learn the different methods used for physiological inquiries and how they are applied in practical scenarios.

### **Prerequisite**

N/A. The course is open for students from all academic disciplines.

### **Learning Resources**

James W Kalat, Introduction to Psychology 9e. Cengage Learning

## Learning Objectives

By the end of this course you should be able to:

- Define psychology and describe the basis of human behaviour, emotions and personality
- Discuss the historical approaches to psychological and compare and contrast this to modern theories.
- Understand the scientific approaches to the study of human psychology and the principles of research.
- Describe the ethical concerns relating to the field of psychology
- Analyse the different methods used for psychological inquiries and how they are applied in practical scenarios.
- Apply key concepts and theories to different scenarios in developing problem-solving skills.

## Course Delivery

The course will be taught in English through lectures, seminars, field trips, group activities and presentations. In addition to these, there will also be guest speakers and optional field trips available for students who would like to enhance their learning experience. The course sessions will be running during the weekdays, Monday to Friday. The course will be at a total of 40 hours.

## Topics and Course Schedule

Topic	Activities
Introduction	Lecture; In class activities 23/12/2019
Methodology	Lecture; Case Studies; In class activities 24/12/2019

<b>Learning</b>	Lecture; Case Studies; In class activities 25/12/2019
<b>Memory</b>	Lecture; Case Studies; In class activities 26/12/2019
<b>Sensation and perception</b>	Lecture; Case Studies; In class activities 27/12/2019
<b>Cognition and language</b>	Lecture; Case Studies; In class activities 28/12/2019
<b>Social psychology</b>	Lecture; Case Studies; In class activities 29/12/2019
<b>Motivated behaviours</b>	Lecture; Case Studies; In class activities 02/01/2020
<b>Emotions, stress and health Part A</b>	Lecture; Case Studies; Individual report 03/01/2020
<b>Emotions, stress and health Part B</b>	Lecture; Case Studies; In class activities 03/01/2020
<b>Personality A</b>	Lecture; Case Studies; In class activities 06/01/2020
<b>Personality B</b>	Lecture; Case Studies; In class activities 07/01/2020
<b>Abnormality and therapy</b>	Lecture; Case Studies; In class activities 08/01/2020
<b>Presentation</b>	Students will be choosing a topic from the previous studies and deliver a 10 minutes presentation. 09/01/2020
<b>Disorder and treatment</b>	Lecture; Case Studies; In class activities 10/01/2020

<b>Revision</b>	Revision class 10/01/2020
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### Assessments:

Assessments in this course include:

Class participation (individual)	10%
Oral presentation (10 min)	20%
Critical review Due date: 07/01/2020	20%
Online quizzes	15%
Final exam	35%

### Grade Descriptors:

HD	High Distinction	85-100
D	Distinction	75-84
Cr	Credit	65-74
P	Pass	50-64
F	Fail	0-49

#### High Distinction 85-100

Demonstration of comprehensive understanding and analysis of learning materials. Work is written with sophistication and eloquence with inclusion of appropriate referencing, clarity, and some creativity where appropriate.

#### Distinction 75-84

Satisfies most criterias set out in HD. Forms an advanced understanding and analysis of learning materials. Work is well-written with high competence and includes appropriate referencing.

#### Credit 65-74

Presents a good understanding of ideas and concepts with the ability to articulate them well and soundly with a minimum errors.

**Pass 50-64**

Has a satisfactory understanding of ideas which are adequately written and presented.

**Fail 0-49**

Inability to comprehend ideas and concepts or address them.

Written style inappropriate to the assessments and student clearly has difficulties with expression.

**Academic Integrity**

Students are expected to uphold the university's academic principles, which are an integral part of the university's core values and principles. If a student fails to observe the acceptable standards of academic honesty, they could attract penalties and even disqualification from the course in more serious circumstances. Students are responsible for knowing and observing accepted principles of research, writing and any other task they are required to complete.

Academic dishonesty or cheating includes acts of plagiarism, misrepresentation, fabrication, failure to reference materials used properly and forgery. These may include, but are not limited to: claiming the work of others as your own, deliberately applying false and inaccurate information, copying the work of others in part or whole, allowing others in the course to copy your work in part or whole, failing to appropriately acknowledge the work of other scholars/authors through acceptable referencing standards, purchasing papers or writing papers for other students and submitting the same paper twice for the same subject.

This Academic Integrity policy applies to all undergraduates of the Zhejiang University in all programmes of study, including non-graduating students. It is to reinforce the University's commitment to maintain integrity and honesty in all academic activities of the University community.

**Policy**

- The foundation of good academic work is honesty. Maintaining academic integrity upholds the standards of the University.
- The responsibility for maintaining integrity in all the activities of the academic community lies with the students as well as the faculty and the University. Everyone in this community must work together to ensure that the values of truth, trust and justice are upheld.

- Academic dishonesty affects the University's reputation and devalues the degrees offered.

- The University will impose serious penalties on students who are found to have violated this Policy. The following penalties may be imposed:

- o Expulsion;
- o Suspension;
- o Zero mark/fail grade;
- o Marking down;
- o Re-doing/re-submitting of assignments or reports; and
- o Verbal or written warning.